Triennial Assessment Report

Assessment Date: August 14, 2025

Assessment Place: Office of Carole Aiello, Principal

Attendees: The entire SSRCS faculty, which includes all teachers, faculty, support staff, etc.

After review of the Wellness Policy, St. Sebastian Regional Catholic School (SSRCS) was found in compliance. The local school policy was derived using the model school wellness policy template from the PDE website. Our focus has been greater concentration on physical activity and emphasis on nutrition following the COVID-19 lock down.

-Recess was extended by 20 minutes daily for each grade level, PreK-8

-Use of the Serenity Garden as an outside classroom has again increased

-We are no longer using straws in the cafeteria

-Styrofoam is no longer being utilized

We will continue to exceed the minimum Wellness requirements for our students and staff and strive to provide a solid knowledge base for lifelong health and wellness.